



PART OF THE
UNRAVELING CHANGE
UNIVERSE

LITTLE LIGHT



JAY PIERCE



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A story about loving yourself so you can love others

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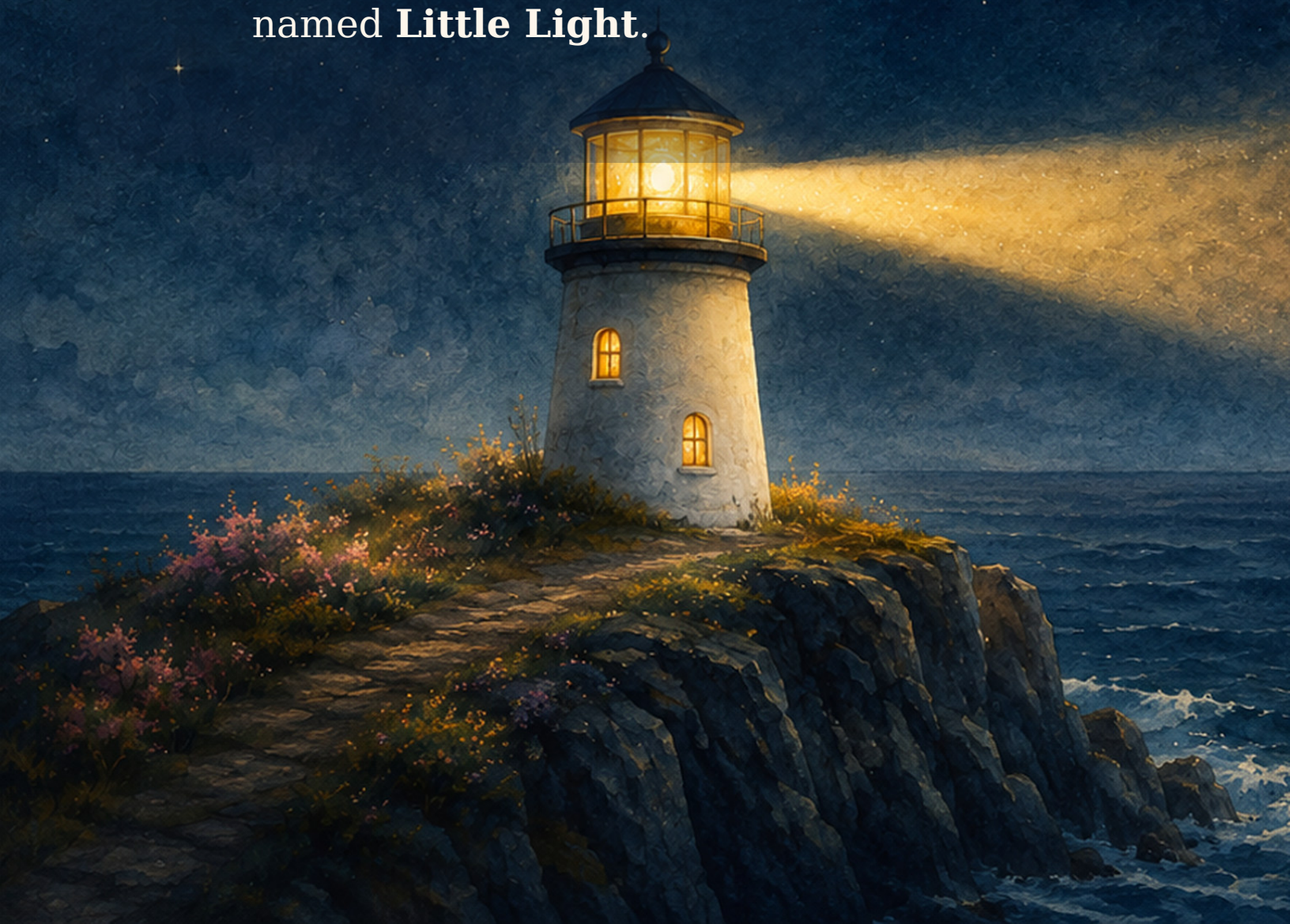
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FROM THE UNRAVELING CHANGE SERIES



At the edge of the sea,
on a tall rocky shore,
lived a little lighthouse
named **Little Light**.



Little Light loved to shine.

She shone for the boats.

She shone for the birds.

She shone for anyone
who might need her.



A full moon is visible in the upper left quadrant of the image, casting a bright, golden glow. The sky is a deep, dark blue, filled with numerous small, distant stars. Below the horizon, the sea is dark and textured with small, rhythmic waves. A bright, golden reflection of the moon stretches across the water's surface, creating a shimmering path of light that leads from the horizon towards the viewer. The overall atmosphere is serene and mysterious.

But one night,
Little Light looked down
at her own reflection
in the water.

She could not see herself at all.

She had given
so much of her light away
that she had forgotten
to shine
on herself.



"What is wrong with me?"
she whispered to the moon.





The moon smiled softly.

"Nothing is wrong, little one.
You just forgot
that *you* need light too."

A full moon is in the upper left, and a bright streak of light, resembling a shooting star or meteor, arcs across the sky from the moon towards the right. The background is a deep blue night sky filled with stars. Below the sky is a dark, choppy ocean with a small reflection of the moon. In the bottom right corner, there are some dark, rocky outcrops with small plants.

"But how can I shine
on myself?"

Little Light asked.

"I thought light was only
for giving away."

The moon said gently,

*"When you love yourself,
your light never runs out.*

It grows.

*And then you have even more
to give."*



A lighthouse on a rocky cliff at night, with a beam of light shining out over the ocean. The lighthouse is illuminated from within, and the beam of light is visible as a bright, glowing path leading down the cliff. The sky is dark blue with stars, and the ocean is visible in the background.

So that night,
for the very first time,
Little Light turned
her beam
gently
inward.

A full moon in a starry night sky over a dark ocean. The moon is bright yellow and orange, with visible craters. The sky is dark blue with many small stars. The ocean is dark blue with white-capped waves.

And she saw herself.

Really saw herself.

And she was beautiful.

The next morning,
a little boat sailed past.

And Little Light shone
brighter than ever before.



A lighthouse on a rocky cliff at night, with a beam of light shining out into the dark sky. The lighthouse is white with a dark roof and a glowing light inside. The sky is dark blue with stars and a few clouds. The sea is dark and calm. The cliff is rocky and has some small plants.

Because when you fill
yourself with love,
you have so much more
to give away.



You are a light too.

Don't forget to shine
on yourself sometimes.

The world needs you full.





For the grown-up holding the light, too.

A Note for Grown-Ups

Children learn to love themselves by watching the people they love practice it first.

If this story moved something in you, that feeling belongs to you too. Not just to the little one in your lap.

You are a light as well. And the world needs you full.

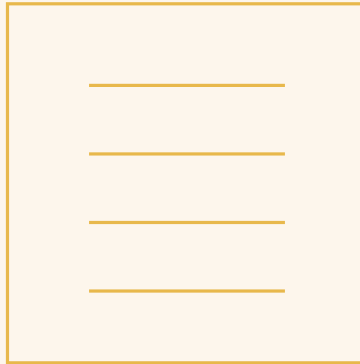
Part of the Unraveling Change Universe



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The world needs you full.

